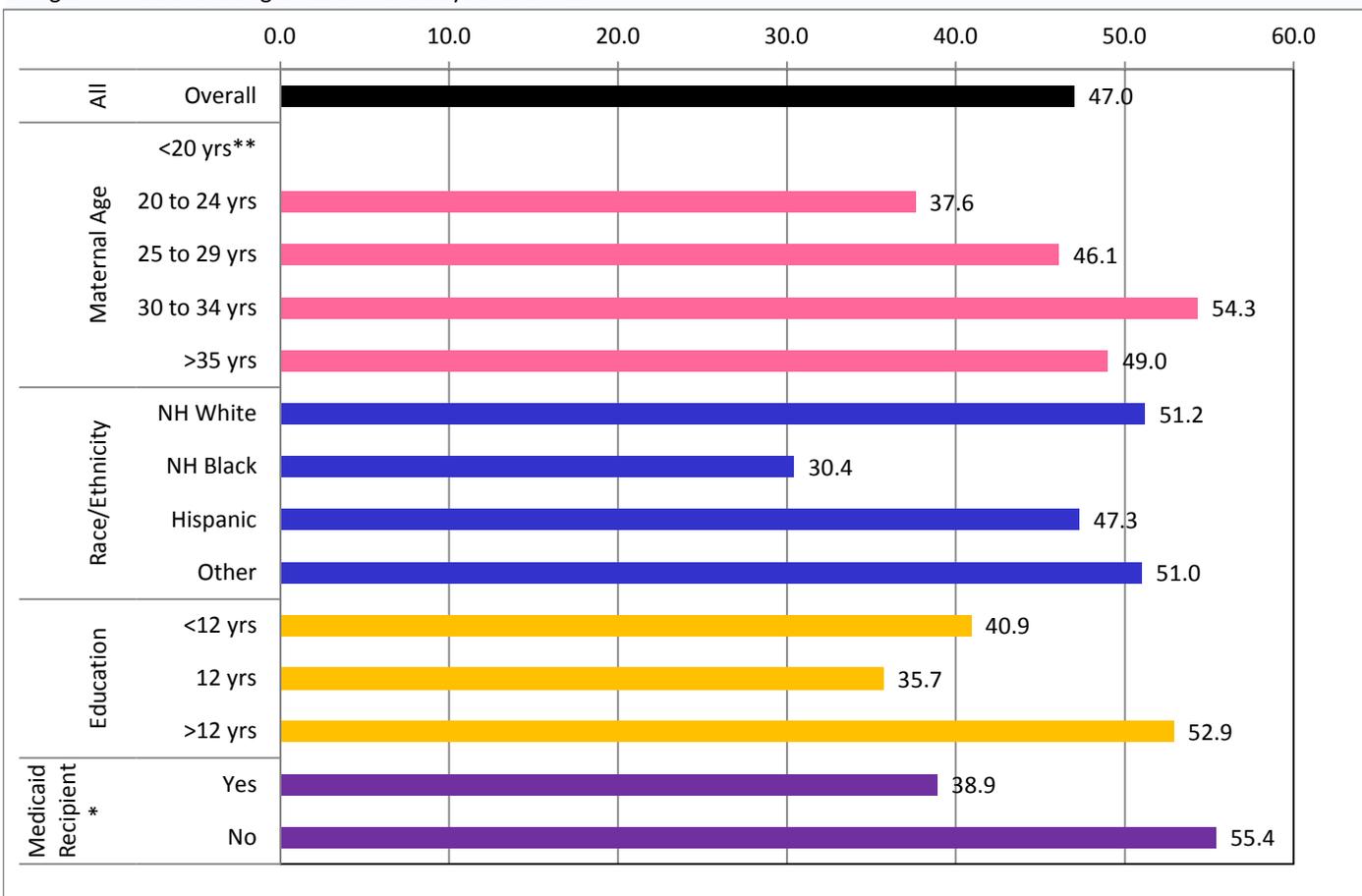


Health Behaviors

Percentage (%) of new mothers in Illinois who reported exercising three or more times per week during the 12 months before pregnancy

Survey Question 7: At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? B. I was exercising three or more days of the week



\*\*indicates <30 respondents

	Percentage <sup>1</sup>	95% CI <sup>2</sup>	Respondents <sup>3</sup>	Estimated Population Affected <sup>4</sup>	
<b>All</b>	Overall	47.0	44.2 - 49.8	667	70,597
<b>Maternal Age</b>	<20 yrs**				
	20 to 24 yrs	37.6	31.3 - 44.3	100	10,404
	25 to 29 yrs	46.1	40.7 - 51.6	169	17,852
	30 to 34 yrs	54.3	49.4 - 59.2	238	25,111
	>35 yrs	49.0	42.7 - 55.3	131	13,601
<b>Race/Ethnicity</b>	NH White	51.2	47.4 - 55.0	383	40,816
	NH Black	30.4	23.5 - 38.2	69	7,134
	Hispanic	47.3	41.6 - 53.0	155	16,224
	Other	51.0	41.7 - 60.2	59	6,302
<b>Education</b>	<12 yrs	40.9	33.1 - 49.2	72	7,507
	12 yrs	35.7	30.1 - 41.6	114	12,691
	>12 yrs	52.9	49.4 - 56.4	474	49,730
<b>Birth Weight</b>	LBW	39.8	34.7 - 45.1	132	4,163
	NBW	47.6	44.6 - 50.6	535	66,434
<b>Marital Status</b>	Married	53.0	49.5 - 56.4	456	48,073
	Other	38.0	33.5 - 42.6	211	22,524
<b>Medicaid Recipient *</b>	Yes	38.9	35.1 - 42.9	286	30,171
	No	55.4	51.5 - 59.3	379	40,152

<sup>1</sup>Percentage = Weighted percentage of Illinois mothers giving birth to live infants in 2014 who responded Yes to the survey question for the specified indicator

<sup>2</sup>CI = confidence interval

\* Delivery paid by Medicaid

<sup>3</sup>Respondents (N) = Total number of mothers who responded Yes to the survey question for the specified indicator

<sup>4</sup>Estimated population affected = Estimated number of Illinois mothers giving birth in 2014 who would respond Yes to the survey question for the specified indicator